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O**Opiate analgesics**

Cobra venom: a review of the old alternative to opiate analgesics. Reid PF.2011;17(1)58–71

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See also herbs

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Probiotics	Physical causes of anxiety and sleep disorders. Cuthbert S, Rosner A.2011;17(6)30–34
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Prostatic hyperplasia, benign	Review articles
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Physical causes of anxiety and sleep disorders	Self-determination theory, and health behavior change
Cuthbert S, Rosner A.2011;17(6)30–34	Agents of change: How do complementary and alternative medicine providers play a role in health behavior change? Williams-Piehota PA, Sirois FM, Bann CM, Isenberg KB, Walsh EG.2011;17(1)22–30
Randomized trial of the effect of an integrative medicine approach to the management of asthma in adults on disease-related quality of life and pulmonary function. Kligler B, Homel P, Blank AE, Kenney J, Levenson H, Merrell W.2011;17(1)10–15	Serenoa repens
	Serenoa repens for benign prostatic hyperplasia. Underland V, Sæterdal I, Strømme Nilsen E.2011;17(1)8–9
R	Shoulder pain
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Foot reflexology can increase vagal modulation, decrease sympathetic modulation, and lower blood pressure in healthy subjects and patients with coronary artery disease. Lu WA, Chen GY, Kuo CD.2011; 17(4)8–4	Snake venom
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V

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Cobra venom: a review of the old alternative to opiate analgesics. Reid PF.2011;17(1)58–71

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W

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Y

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